St. James United Church Life and Work, January 27, 2019

We gratefully acknowledge a donation to the UCW Choir from Ethel Pitt.

Financial Update: To meet our budget, we need average weekly givings of \$3,961. (This includes the weekly PAR contributions.)

Givings for: January 6: \$2,194 January 13: \$3,545 January 20: \$2,977

Update to Guy Mathews Medical Assistance Fund: Between December 1st and January 23rd the GMMAF has received donations of \$17,636 dollars to assist Rev. Guy with costs associated with his recent Heart Transplant and period of recovery. These funds are in the process of being transferred to Rev. Guy with a planned finalization of the fundraising campaign effective January 31^{st.} If you still wish to make a donation, please do so by January 31^{st.} after which it can be sent directly to Rev. Guy. Once the fund is closed, we will provide a report to the Church Council covering the activities of the committee.

On behalf of Rev Guy and Deanna we want to thank everyone who donated. The response has been overwhelming, and will go a long way to alleviating the financial pressures associated with this type of medical treatment.

Valentine's Day Friendship and Fun Fundraiser: Friday, February 15. Mark your calendars! Our Valentine's Day Friendship and Fun fundraiser event last year was such a huge success, we're doing it again! Concert, dessert party, wine table and silent auction! Tickets are on sale after today's 11am Worship Service, and from Robin Bartlett, 754-5409, robinbartlett1224@gmail.com

To donate auction items (gift cards or new or hardly used quality items), contact Clyde Flight, 685-1688, clydeflight@nl.rogers.com

To donate a dessert, contact Sarah Norman, 631-0095, srhnorman@gmail.com To volunteer, please contact Robin.

The church office will be closed this coming week, January 28-31. If you have any announcements for the February 3 bulletin, please leave a message at 722-1881, ext 200.

Tomorrow, Monday, January 28:

*Sewing Studio, 3-6pm in the Fellowship Room. New people welcome.

*Writers' Circle every second and fourth Monday of the month, 7-9pm in the Fellowship Room. Do you need help with an assignment or writing creatively? Do you want friendly feedback on a piece? For more information, Chris at 687-3400 or chrislpenney@gmail.com

Tuesday, January 29: The St. James Guitar Group will play at Hillcrest Estates at 1:30pm.

Thursday, January 31:

*A Lay Visitation program is being developed as part of our Outreach to members of our Congregation. A number have volunteered to be part of this initiative, and we welcome any others who would like to participate. Rev. Brian will hold an orientation session in the Fellowship Room on Thursday, from 1:30-3:30pm for all interested participants.

*Not a Bible Study, 'Painting the Stars,' at 7:30pm.

Saturday, February 2: Ukelele (new!) Weekly, 1:30-2:30 in the Fellowship Room.

Sunday, February 3: Soup lunch hosted by our Youth Ministries; donation basis.

Help needed, second week of Kiwanis Music Festival: We are looking for a custodian, (paid position) to be on site for some of the 3 –hour sessions, morning, afternoon and/or evening for Monday - Thursday, February 25-28. Please contact SuAn if this interests you: 722-1881, ext. 200 or info@stjamesuc.org

Tuesday, February 5: Chi Gong 2019 at St. James: An 8 week program, every Tuesday morning, 11am-noon, February 5 - March 26, led by Dr. Yajing Song, Ph. D. in Chinese Medicine. Dr. Song has been practicing in St. John's since 1994. She also has taught Tai Chi for more than ten years and Chi Gong privately. This first class is a drop-in for \$5. After that, please register for the following 7 for \$70. If driving, please park for free in the first line nearest to Elizabeth Avenue. Anywhere else in the parking lot is liable for a ticket.

Chi Gong is one kind of traditional Chinese medicine practiced worldwide for relaxation, preventive medicine and self-healing. *Chi gong* literally means *Life Energy Cultivation*. The practice typically involves moving meditation, coordinating slow flowing movement, deep rhythmic breathing, and calm meditative state of mind. It is suitable for all ages.