

Life and Work – December 4th, 2022

We offer our sincere condolences to: Maxine Rose, family and friends on the passing of her sister Louise Hickman. The funeral was held on November 29, 2022 in Grand Bank.

We gratefully accept the following donation to the Cemetery Fund:

*In loving memory of Cecil G. Cole from Muriel and Family.

We gratefully accept the following donations to the General Fund:

*In loving memory of mom, Ruby Hiscock from Patsy Hiscock

Office Hours: Effective on Tuesday, December 6th the office hours will be 8:30AM to 1:30PM Tuesday to Friday.

The Christmas Visitor: The Visitor's are now ready for pick-up! Zone Captains can pick up their Visitor packages at the office during office hours.

Update on Helping Reunite a Ghanaian Family: We have some good news. The partner of our member from Ghana has been approved to come to Canada. Now we just need to get her on a plane. Any donation to help with the flight will be very appreciated. That said, because it would be to help an individual, we will not be able to receive donations through the church directly or to issue a tax receipt for your contribution. Your help gets us one step closer to reuniting this family, their son needing to stay in Ghana for the time being. Thank you in advance for your assistance.

Dropping in for Some Quiet or Prayer: Do you sometimes yearn for some quiet to reflect, to pray, to just be? Well, the church is available for just that. Drop by during our office hours (starting December 5th hours will be Tuesday to Thursday from 8:30 am to 1:30PM) and Stephanie or Bruce would be happy to open the sanctuary for you. Or outside these hours, call James at 351-0983 and if he is in the office or not too far from the church, he would be happy to assist.

Stella's Circle Christmas Wish List: It's the time of year for generosity and giving to those in need. As usual, St. James is collecting donations for Stella's Circle's clients! Donations can be made to St. James United Church Office. We will bring to Stella's Circle directly.

Household Items

- * Dishes, Pots & Pans, Frying Pans (non-stick)
- * Utensils & Serving Utensils
- * Cutting Board, Dish Racks
- * Kettle, Toaster, Electric Mixer, Can Opener
- * Plastic Mixing Bowls
- * Dish & Pot Cloths
- * Bed Sheets (Different Sizes)
- * Cups, Mugs, Glasses
- * Pie Plates, Casserole Dishes, Baking Sheets, Cake Pans
- * Blanket & Pillows, Throw Blankets
- * Bath Towels, Hand Towels, Face Cloths
- * Mops, Bucket, Brooms, Garbage Bags
- * Basic Household Cleaners, Lysol Wipes
- * Laundry Detergent, Dish Liquid
- * Light Bulbs
- * Hand Sanitizer
- * Paper Towels & Toilet Paper

Personal Care Items (for all adults)

- * Shampoo & Conditioner (in one)
- * Shampoo, Conditioner, Soap, Body Wash, Deodorant
- * Hairbrushes, Combs, Hair Elastics
- * Hair Spray, Hair Moose, Hair Gels
- * Shaving Cream, Razors
- * Toothbrush, Toothpaste, Dental Floss, Q-tips
- * Feminine Hygiene Products
- * Face Cleanser (ex. Cetaphil), Make-up Wipes
- * Nail Care Items (Clippers, Nail File)

Other Helpful Items (for all adults)

- * Socks, Underwear, Slippers
- * Footwear (indoor & outdoor)
- * Night Shirts, Night Wear Sizes Lg-5X
- * Hats, Gloves, Mittens, Scarves
- * Leggings of all sizes
- * Movie Passes, Gift Cards, Colouring Books, Games

Zatoun Products: St. James is again offering Zatoun Olive Oil for sale. Zatoun products reflect the rich culture and the essence of Palestine, and they make perfect fair-trade gifts. Proceeds benefit farmers and children living in occupied Palestine and create awareness for peace in Palestine. COST: Olive Oil is being sold for \$20.00 per bottle. You can contact Karen Brown at 437-1520 or email tomkarenbrown@yahoo.com. Contact Stephanie at the church office (722-1881) to get yours now!

Bridges to Hope: At this time of year, Bridges to Hope are finding themselves short in certain types of food donations at the food bank. The Board has decided to designate the first Sunday of each month to make a special appeal to participating churches to ask their congregations to provide a specific item – a different item each month. For December, this item is Cereal/ Instant Oatmeal. The hope is that a unified appeal will help supply many hampers with items that are considered “staples”. The Board has also provided a list of other staples that are on sale at various grocery stores this week. All donations are gratefully accepted and can be brought to the Church or to Bridges to Hope. Thank you for your cooperation.

Weekly “Specials”

December 2 – 7, 2022

Good Suggestions for the Food Trolley

Pipers	Kraft Dinner	\$1.09
Sobeys	Graves Apple Juice	4/\$5.00
Dominion	PC 100% Juice or Juice Blends	\$0.77
	Green Giant Vegetables	\$1.29
Walmart	Heinz Beans or Pasta	3/\$4.00
	Dairy Isle Evaporated Milk	\$1.33
	Clover Leaf Tuna	\$1.37
No Frills	Carnation Evaporated Milk	\$1.25
	Catelli Garden Select Sauce	\$1.25
	Holiday Luncheon Meat	\$1.99

White Gift Sunday: This year's White Gift Sunday is scheduled for Sunday, December 11. Please see the list of requested items on the insert about Stella's Circle.

Pub Theology: It is time again for deep conversation about faith, spirituality, ethics and other of life's big questions. Come to Guv'nors on Wednesday, December 7 at 7 pm. Bring a friend. All are welcome.

Adult Actors Needed for Christmas Eve: We are looking for some adults to take on roles for the 4:30 pm service. Rev. James is working on a script but is hoping to have at least 8 people to assist with a few lines, most from where the person is sitting.

Change in time for "The Sunday Table": Please note that our supper church service (on the 2nd Sunday of the month) has been rescheduled to 7 pm. Feel free to bring either savoury or sweet finger food to share.

Constitutional Review Committee: The Constitutional Review Committee will be hosting a presentation of our work so far. We have put together an outline of what our future Constitution would look like. The presentation will be held on December 6th, at 7pm in the Youth Center. We invite and encourage all members of committees as well as any congregants of St. James to attend and provide feedback.

Cafe of Memories: Join them at West Moorland, in partnership with the Alzheimer Society of Newfoundland and Labrador, as they host an afternoon of entertainment and refreshments for those with dementia and their care partners.

When: Tuesday, December 6 from 2PM to 4PM

Where: Freemason's Hall, 115 Mt. Carson Avenue, Mount Pearl.

Registration is required due to limited space. Masks optional

Please register by calling the Alzheimer Society at (709) 576-0608 or by email at: events@alzheimernl.ca

Hallelujah – It's Time for The Messiah! A Christmas tradition; the Newfoundland Symphony Orchestra under the direction of Martin MacDonald, together with the Philharmonic Choir of the NSO presents Handel's Messiah. Set in the historic and captivating Basilica of St. John the Baptist, soloists include: Miriam Khalil, soprano; Danielle MacMillan, mezzo; Newfoundland and Labrador's own Adam Luther, tenor; and, Phillip Addis, bass.

Handel's Messiah takes place at **8PM on Friday, December 9, 2022 and Saturday, December 10, 2022** at the **Basilica of St. John the Baptist**. Tickets are available at the ACC Box Office (729-3900), online at www.artsandculturecentre.com and at the door.

Toy Drive: The ANC is hosting a Holiday Toy Drive for our newcomers' first Christmas in NL! Join us in giving to help make this holiday season extra special. We are looking for Unwrapped and New Toys, Books, Board games, or Gift cards for ages 0-18.

Please have donations in by December 13th, 2022

Item drop off is at:

* [Cal LeGrow Insurance & Financial Group](#)

Monday to Friday, 8:30am to 4:30pm.

189 Higgins Line, St. John's NL, A1B 4N4

* [Conservation Corps Newfoundland and Labrador](#)

Monday to Friday, 8:30am to 4:30pm

10 Austin St Suite 100, St. John's, NL A1B 4C2

* [Stuff the Bus event](#)

Saturday Dec. 3rd 12-4 p.m.

148 Elizabeth Ave, St. John's, NL A1B 1S4

Coastal Sounds Christmas Concert and Cantata Project: Coastal Sounds Choir Association of CBS is back with their annual Christmas Concert and Cantata Project! This is the Time, compiled and arranged by Dr. David Buley, is a combination of nostalgic jazz Christmas classics, and uplifting choral melodies. All are welcome to attend! Sunday December 18, 7:30 P.M. All Saints Anglican Church, Foxtrap. Tickets available at www.evenbrite.ca. Food Bank Donations Greatly Appreciated.

Green-er Christmas!! Thank you to Rev. "Bobby Kirk" and the folks at Trinity United in Prince George, BC, for putting together this wonderful Advent Calendar.

A Green-er Christmas

WEEK ONE

- Reduce Christmas lights and /or switch to LED bulbs
- Decorate a large plant instead of a traditional Christmas tree
- Take a city bus for one of your Christmas errands
- Make a Shoebox gift or buy a bag of hats for kids in lieu of a gift
- Have a discussion with youth in your life about climate change
- Turn down the thermostat in your house and put on a Christmas sweater
- Sew your own gift bags or reuse gift bags from previous years

WEEK TWO

- Reuse one side of Christmas cards to make gift tags
- Treat yourself to a special Christmas coffee but skip the drive-thru
- Make a donation to a charity in honour of a friend
- Put your Christmas lights on a timer
- Check your fireplace damper to ensure it is closed and check for drafts
- Try a meatless Monday
- Take your reusable cup if you go for coffee

WEEK THREE

- Check the weather stripping on your doors and windows
- Ask your family for a coupon for services in lieu of a gift
- Put a rolled-up blanket by a door to prevent drafts
- Plan your holiday meals to avoid food waste
- Turn out the lights when you leave a room
- Ask your dinner guests to bring their own take away containers for leftovers
- Sort through your sock drawer or glove collection and donate items

WEEK FOUR

- Ask friends to bring a non-perishable food item when they come to visit; bring the items to the church for ACE Sunday in January
- Walk through your neighbourhood to see Christmas lights
- Put each person's unwrapped gifts in a re-useable Santa sack
- Celebrate Christmas! Count your Blessings.
- Take a break, put your feet up and contemplate if this Advent you took some steps to help God's creation.

A huge thank you to the Care of Creation Team at Trinity United Church for putting this Advent Calendar together!





The Great Christmas Visit"

As we approach the beginning of the Advent-Christmas season it is time to begin thinking about the "*Great Christmas Visit*". Who doesn't enjoy a visit from family or a friend especially after two years of strict restrictions? Why not volunteer to visit a member of our community of faith this holiday season?

We invite you to join in *The Great Christmas Visit* and reach out to members of St. James United Church who may be feeling isolated or lonely, especially those with mobility issues or those who are remaining close to home due to the ongoing pandemic.

You can participate in our *Great Christmas Visit* by simply filling out the attached form and returning it to the church office by **December 1st**. You will then be matched with an individual or couple to visit this holiday season. Visit with your match at some point between Sunday, November 27, 2022, and Friday, January 6, 2023, extending to them the care of this faith community. (Please remember public health measures are still important so it is best to wear your mask and remain 2 meters apart).

The Great Christmas Visit

Visitor

Name: _____

Telephone

Number(s): _____

Email Address: _____

If you know someone who would appreciate a visit, Please list their name and contact information below.

Name of Person(s) to be
visited: _____

Telephone

Number: _____

Home

Address: _____

Thank you for sharing your gift of time the Advent-Christmas season!

Memory Christmas Tree:



MEMORY CHRISTMAS TREE FORM

At this time of the year, thoughts of our loved ones are never far from our minds. One of the ways we acknowledge this is through the Memory Tree. For a donation, a coloured bulb will be changed to a white one in memory or in celebration of loved ones. We often think of this in terms remembering those who have died but we also may have happy memories that we want to acknowledge, like the birth of a child, a graduation or perhaps an important anniversary. The money raised through your gift helps to fund the many projects and activities that make St. James the vibrant faith community we love. Please have your request into the office by noon on Friday, December 16 for inclusion in the Christmas Eve bulletin insert. Best wishes for a Christmas of peace, love and joy!

Donor's Name(s): _____

In Memory or Celebration of: _____

Address: _____ \$ _____ Donation